

# UTAH PERSONAL INJURY DAMAGES AND EXPENSES WORKSHEETS

This worksheet is designed to help you obtain the full value of your Utah personal injury claim. To obtain the full value of your claim, your attorney will need to know the amount of your damages and expenses from the accident. Keeping track of your damages and expenses is a critical part of obtaining the full value of your personal injury claim.

Under Utah law, you are entitled to recover economic damages in connection with your injury. Economic damages include damages such as: the cost of your medical bills; the cost of future medical treatments; property damage; lost earnings; future lost earnings; household services; and out-of-pocket expenses). You are also entitled to recover non-economic damages such as: past pain and suffering; future pain and suffering; loss of consortium; and emotional distress.

The best way to get the full value of your economic and non-economic damages is to be proactive and keep track of your damages on the worksheets below. In addition, make sure to keep copies of your bills and expenses so that your attorney can add those to your claim.

The following forms are included in this worksheet.

Medical Expenses Worksheet
Property Damage Worksheet
Household Services Worksheet
Contacts for My Personal Injury Case

Prescriptions Worksheet
Lost Wages Worksheet
Other Out-of-Pocket Expenses



## **UTAH MEDICAL EXPENSES WORKSHEET**

Use this worksheet to track your medical visits and the associated expenses. Make sure to include medical treatments with doctors, chiropractors, physical therapists, alternative practitioners, medical exams, MRI or other scans, or any other medical appointments. If possible, ask your doctors to opine regarding your future prognosis and to estimate your future medical needs and the associated costs. Document all of your out-of-pocket expenses in connection with your medical treatments.

Name of Provider/Facility	Date of Treatment	Description of Services	Amount Owed (After Insurance)	Amount Paid



### **UTAH PROPERTY DAMAGES WORKSHEET**

Use this worksheet to document any damage to your personal property in connection with your accident. If your property is capable of being repaired, get it repaired and keep track of those expenses on this worksheet. If you property is not capable of being repaired, do your best to estimate the replacement cost on this worksheet.

Description of Property	Date of Estimate, Repair or Replacement	Cost/Value	Amount Paid	Amount Reimbursed



## **UTAH LOST WAGES WORKSHEET**

Use this worksheet to track the wages you have lost from your job as a result of the accident. Identify each day you missed work and the reason you missed, including for accident-related symptoms and/or accident-related medical appointments.

Date	Hours Missed D	Oollar Amount of Lost Wages	Reason for Missed Work



## **ESSENTIAL SERVICES VERIFICATION**

Claim:		Injured Person:			
1. Your Name: (Person Providing Service)					
2. Address:					
3. Telephone:	Home:		Work:		
4. Social Securit	y Number:	5. Usual Occupation:			
6. Please describ	pe, in detail, the services provided:				
7. Have you provided similar services for the injured person prior to the above accident date?					
8. Are you a relative of the injured person?					



#### 9. Schedule of Services:

No.	Date of Service / Activity	Tasks performed	# hours worked	Hourly charge	Total charge
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

Please sign your name and date:

USE BACK SIDE OF FORM AS NEEDED FOR ADDITIONAL DAYS OF SERVICE



No.	Date of Service / Activity	Tasks performed	# hours worked	Hourly charge	Total charge



## **UTAH PRESCRIPTIONS WORKSHEET**

Use this worksheet to track all of your prescriptions associated with your injuries. It is important to track your prescriptions because they can establish a pattern of pain and suffering associated with your injuries. In addition, you can add the expenses associated with your prescriptions to your damages claim.

Name of Prescription	Name of Pharmacy	Date	Amount Owed (After Insurance)	Amount Paid



## **UTAH OUT-OF-POCKET EXPENSES WORKSHEET**

Use this worksheet to document any other out-of-pocket expenses you incur as a result of your accident. Those expenses might include the following, among others: rental car expenses; the costs incurred by family or friends to help care for you and/or your family in the wake of the accident; child care expenses incurred as a result of the accident; costs for traveling to medical appointments; costs associated with additional household help; medical equipment; funeral costs; or any other out-of-pocket expenses associated with your accident.

Description of Expense	Date of Expense	Amount of Expense	Amount Reimbursed



## **CONTACTS FOR MY PERSONAL INJURY CASE**

Use this form to keep track of the names and contact information for all of the people associated with your personal injury case. They might include you lawyer, case manager, paralegal, police officers, detectives, insurance agents, tow truck companies, and witnesses, among others.

Name	Organization	Contact Information	Notes